

# Are You Interested In Improving Your Health And Wellness?

## Is The Cost Prohibiting You From Joining? Scholarships are available at all four of our Wellness Centers!

- Scholarships are available for anyone whose income level is at or below 200% (two times) federal poverty guidelines. A current 1040 or SSI letter of total monthly benefits will be used to assess financial qualification.
- Financial qualifications are reviewed annually.
- We consider extenuating circumstances, like job loss or short-term illness, when income is assessed.
- We encourage you to contact us if you have questions about scholarships, regardless of your circumstances. Our goal is to get and keep people moving for their health, wellness and happiness.
- Scholarships are funded through 5HF.

For More Information Call  
Shelley Hehr at 734-214-0227  
or visit [5healthytowns.org](http://5healthytowns.org)

