

Swim & Gym Schedule



Swim & Gym is a program designed for families with children 6 months – 15 years old. It provides access to the pools and gymnasium during designated times that would otherwise be unavailable to children under the age of 12 years. One parent/legal guardian must accompany their child(ren) to Swim & Gym. Children may enroll as an ongoing Swim & Gym Member for a monthly fee of \$20 per child as an add-on service to their parent's center membership. Kids in Motion child members may participate in Swim & Gym as it is included in their KIM membership privileges. Children may also participate in Swim & Gym on a non-member monthly pass. For \$30 per child/month or \$80 per child/3 months, one child and up to two parents and/or legal guardians may use the pools and gymnasium during designated Swim & Gym times.

This schedule is effective August 1, 2016:

Monday and Wednesday*:	9 am to 11:30 am
Tuesday, Thursday and Friday:	4:30 pm to 7 pm
Saturday and Sunday:	1 pm to 3:30 pm

**Gymnasium only available 9 am – 10:30 am; Pools available 9 am – 11:30 am*

Swim & Gym Guidelines

- All children 6 months – 15 years must wear a color-coded bracelet (distributed at check-in from the Member Service Desk) to participate in Swim & Gym.
- **Parent Supervision for Gymnasium:** Parent/guardian must accompany children in the gymnasium during scheduled gym times.
- **Parent Supervision for Pools:** Parent/guardian must accompany children 6 months – 11 years old in the pool during scheduled swim times. Parent/guardian must remain in the pool area during scheduled swim times for children 12 – 13 years old.
- **Family Changing Policy:** Children age 4 and older are required to use the locker room of their gender. Our family/assisted changing area can be used by families with children of the opposite gender who are 4 years or older. No child under the age of 12 can be in a locker room without a parent or guardian present.
- **Saunas:** Youth 12 years and older may use the saunas at their parents' discretion. Children under the age of 12, however, are not permitted to use the saunas at any time.
- When using the pools, a swim diaper is required of children not toilet trained.