



Swim & Gym Schedule

The Center provides scheduled Swim & Gym times for use by any child enrolled as a Swim & Gym member OR Kids in Motion member. Non-member children 6 months – 15 years old may attend Swim & Gym on a pay-per-visit basis of \$10/ 1st child and \$6/each additional child; \$30 per child for a month pass; or \$80 per child for a 3 month pass. Parental supervision is required during Swim & Gym.

This schedule is effective August 1, 2016:

Mondays & Wednesdays:* 9:00 am to 11:30 am

Tues., Thurs., & Fri.: 4:30 pm to 7:00 pm

Saturdays & Sundays: 1:00 pm to 3:30 pm

**Gymnasium only available 9:00am-10:30am; Pools available 9:00am-11:30am*

Swim & Gym Guidelines

- All children 6 months to 15 years must wear a color-coded bracelet (distributed at check-in from the Member Service Desk) to participate in Swim & Gym. When using the pools, a swim diaper is required of children not toilet trained.
- **Parent Supervision - Gymnasium:** Parent/guardian must accompany children in the gymnasium during scheduled gym times.
- **Parent Supervision – Pools:** Parent/guardian must accompany children 6 months –11 years old in the pool during scheduled swim times. Parent/guardian must remain in the pool area during scheduled swim times for children 12-15 years old.
- **Family Changing Policy:** Children age 4 and older are required to use the locker room of their gender. Our family/assisted changing area can be used by families with children of the opposite gender who are 4 years or older. No child under the age of 12 years can be in a locker room without a parent or guardian present.
- **Saunas:** Youth 12 years and older may use the saunas at their parents' discretion. Children under the age of 12, however, are not permitted to use the saunas at any time.